

# THE ULTIMATE GUIDE TO RAPID MOLD DETECTION

APID MOLD DETECTION IN FOODS & FEEDS

FOR SAFER, FASTER, AND MORE RELIABLE FOOD SAFETY PRACTICES



#### WHY MOLD DETECTION MATTERS MORE THAN EVER

Mold contamination isn't just about spoiled food it's about safety. Some molds produce invisible toxins called mycotoxins that can harm human and animal health, even after the mold is gone. These toxins are heat-resistant and often go undetected. With up to 10% of global food lost due to molds, rapid and accurate detection is essential to protect both health and supply chains.

### TRADITIONAL VS. RAPID MOLD DETECTION METHODS

Plate counts only detect live molds, missing dead or dormant fungi that may still carry toxins. This makes them unreliable for full safety assessments. Rapid methods offer faster, more accurate, and selective detection—crucial for preventing contamination and protecting consumer health.

### RAPID DETECTION METHODS YOU NEED TO KNOW

Modern mold detection goes beyond traditional plate counts. Selective and differential media help target fungi like Aspergillus flavus, improving speed and accuracy. Chemical methods such as chitin and ergosterol assays detect both live and dead mold, while ATP testing measures real-time fungal activity. Immunological techniques, like ELISA, identify heat-resistant fungal antigens and can predict mycotoxin risks early. Electrical impedance offers fast, real-time monitoring by detecting changes in conductivity as mold grows.

#### **EMERGING INNOVATIONS**

New tools like DNA probes, biosensors, and GC-MS volatile profiling are enhancing precision. Commercial immunoagglutination kits now make on-site mold detection simpler and faster.

## PRACTICAL CHECKLIST: CHOOSING THE RIGHT METHOD

USE CASE	RECOMMENDED METHOD	NOTES
Quick screening	Ergosterol assay	Fastest turnaround
Heat-treated foods	ELISA	Detects dead mold
Processed tomato	Howard Count	Regulatory requirement
Dry foods (e.g., grains)	DG18 agar + Ergosterol	Combines culture + biomass

### LAB READY? HERE'S WHAT TO CONSIDER

Before implementing any mold detection method in your lab, it's crucial to evaluate a few key factors. First, consider the budget versus sensitivity trade-off, some advanced techniques offer high accuracy but come at a higher cost.

You'll also need to assess your team's skill level, as certain methods require trained personnel for accurate execution and interpretation. Equipment compatibility is another important point; make sure your existing lab infrastructure can support the chosen methods.

Lastly, the type of sample you're testing, whether it's grains, dairy, or processed food—can greatly influence which detection method will be most effective and reliable.

METHOD	TIME	SENSITIVITY	IDENTIFIES SPECIES?	COST
Plate Count	3–7 days	Moderate	Yes	\$
ELISA	2–4 hrs	High	No	\$\$
Ergosterol	1 hr	Very High	No	\$\$
ATP	1 hr	High	No	\$\$\$